

Dilemma Project

ILBC Secondary English Maing

Dilemma is a situation in which a difficult choice had to be made between two or more alternatives, especially ones that are equally undesirable. There was this one situation when I had to solve a [redacted] dilemma for myself. Once when I was young, my mom and I were on a shopping spree. While walking through different shops, I spotted this beautiful book on the stand near the glass window. It was shiny and sparkly with pink, and white glitters. I tugged my mom's arm and begged her to get it for me. By her look, she didn't really want to buy me it but it would make me satisfied and happy so we went in the shop. While I was about to grab the book from the stand, I noticed another book which was right under the book that I wanted. I picked it up and looked at the book cover closely and saw that there were fire flies all over the night sky. It looked so pretty and ideal. I wanted to buy that book as well. I told my mom but of course she told me that I could only get one. I pouted and didn't know what to do. I wanted both of them. Just then, my mom got a call from my dad that she had to come home in 15 mins because there was something important to do. She told me to hurry up and picked the book that I liked the most so that we could get going. I tried to persuade her but she refused to get me both of them. I was stressed since I wanted both. I was lost in my [redacted] thoughts while holding two of the books in my hand and looking back and forth at the two books. Just then, my mom told me to choose it now since we have to go. I just quickly chose the first book that I found which is the pink and white glittery one since I saw it first. I gave it to my mom and she bought me it. When I look back at that time, it wasn't that big of a choice or decision to make but it was a big deal for me when I was at that age. That was one of the dilemmas that I went through when I was young. Now, when I grew older, of course the dilemmas that I am facing are much more serious and difficult. [redacted]

There was this one netflix show about a guy making a record of the highest height jumped from the atmosphere to the Earth. His name was Alan Eustace who was a computer scientist, and he had large ambitions since his early years. It was to make exploring the Earth's sky as easy as to do so in the ocean. His [REDACTED] company and him designed a spacesuit which would allow people to do exactly that. But on the test fall, the execution failed horribly, and it was a certified death for Eustace, but he didn't die because of his immense luck. [REDACTED]

If I was in space with a spacesuit, I probably wouldn't enjoy it. Space is a dangerous region that humans were never meant to explore. Being stranded in the middle of space will almost always result in the strandee dying an inevitable death. This usually happens really quickly as space can be unbearably cold in some areas and unbearably hot in others. But if I was in a space station, things might be slightly more enjoyable, as there's a chance that I might witness a natural phenomenon, like a tornado, from outer space. [REDACTED]

If I were Alan Eustace, I wouldn't have done what he did because, chances are, I wouldn't have been as lucky as him. Instead, I would've convinced a very [REDACTED] healthy person to do it, as they'd be more fit to jump about 120k ft. from the sky to the surface of the Earth. That's about 6 Mt. Everest's stacked on top of each other. [REDACTED]

1. What would you have done if you were Nick in this situation?

I would firstly be sad and uncomfortable when they are around me. I would be scared to go to school for some days. If the bullies are getting worser to me and also others, I would inform the teachers and the adults because I think that's the best solution to do.

2. Have you ever felt that what you loved to do wasn't "cool" or fully respected by others?

Yes, I have. I really love to learn other languages and explore about their cultures. But once I went to a Chinese school and I got asked by a teacher "Can you even speak Chinese? How will you even learn that language when you don't even know the basics?". I was a bit sad and depressed about it. At that time, I knew that a teacher shouldn't say such words to her students. I also love to sing and I cover some songs and post it even when there is no one to like nor appreciate it. I sometimes get to hate my own voice but I didn't give up.

3. How do you maintain engagement in your passions when others might not be supportive?

I didn't give up on any of my interests. I started to learn online and search about languages and learn myself. To be better at singing, I started attending vocal class and also joined the related music class at school where I try to know how to warm up and some exercises related with singing.

Coronavirus

Coronavirus is a kind of RNA related virus that are commonly found in birds and other mammals. They cause the respiratory infections. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. [REDACTED]

Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness. The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes. Common symptoms are fever, dry cough and tiredness. [REDACTED]

There are 100M cases globally and 55.4M have recovered while 2.16M are dead. In Myanmar there are 139K cases with 123K recovered while 3089 have died. Due to the pandemic the schools and works have been closed also. Some schools did the online schools which the students learn from the online meets with the teachers. No travels and social distancing is also being practiced. All we can hope is that wishing that this Corvid would go away. [REDACTED]

[REDACTED]

Back in the day when I started attending ILbc. I failed a lot of tests and I even think to quit the school and attend Myanmar school. But I don't give up and I started to try not to fail the tests. But it Money matters [REDACTED]

What do you think about William's shift in values? Have you noticed your values shift overtime while pursuing a passion or project?

I think it is alright to change the aim of your life and we can all have different things in the world. For William, he was into science at first then into the money matters and this has happened to my life and I can feel the sympathy in his place. When I was in an age of 10, I was all into lesson until I have to cross the major bridge. I was addicted to games then to lessons. My parents have a deal with me. They said that if I score great marks in lessons I would get my phone. Without my phone just for a minute, it felt like a decade for me. Soon, my parents found out that I was completely over the phone and I have low grades in my exam. Being addicted to games can be really bad. I skipped my meals and I can't even sleep at night. Sleeping become a mission for me. The more I become [REDACTED] addicted, the more it effects my grades. Once my exam result took my breaths away. My parents burst their anger when I got an "E" in my math exam. They did not talk to me for weeks. It was like the earth was going to swallow you. Soon, my parents come up with a plan that I would have 2 hours screen time and 6 hours learning. I have no choice but to follow them. But things are getting better now. I score good grades in my exam and then make my parents happy. But still, I feel like I can't promise myself if I see an update of that game. [REDACTED]

It was hard because my English was not good and it was difficult to communicate with my friend. At the time I even got bullied by my friends. So, I was alone and I don't fight back with my friend because I was a new student and I was shy. They laugh when I read what the teachers ask me to read and I get pain when they are treated like this. But I tried my best to pass the tests and I started to learn how to speak English properly. I started a friend with my classmates and other class students. Also, I pas [REDACTED]

For the dilemma mini-project, I chose the dilemma “The Right To Say No”.

If you were Sophia’s friend at the time she was facing an uncomfortable situation with acting, how would you advise her?

I would say to her that it’s her choice and own free will. I would say that she have to be confident and not to be hesitant in saying “no”. I would also say that its ok if she is uncomfortable to do this and that she can always find an opportunity.

<https://www.thegoodproject.org/dilemma-database-blog/2020/8/27/the-right-to-say-no>



FINDING BOUNDARIES - THE GOOD PROJECT DILEMMAS

What would you do in this situation if you were Jay? Who might you consult for advice?

Would your decision be different if the circumstances had been any of the following?

- **What if Logan had told Jay he was seriously struggling with his mental health?**
- **What if Jay knew that Logan was being considered for a promotion and had been asked to contribute to his performance review?**

Have you ever faced a situation in which you had to set boundaries at work?

The Dilemma talks about who colleagues; Jay and Logan. They've both known each other for quite a few years now, but Logan texting Jay out of the blue sometimes. Logan was having some family problems with his spouse and his personal life had become stressful. Jay wanted to help but the texting was getting overwhelming. Furthermore, it was affecting Logan at work where Logan wasn't getting much work done. Jay started to feel unfair how he had to pick up Logan's scraps, and started to realize that he had to set boundaries.

I'd try to handle this myself and as appropriately as possible. Helping Logan and guiding him back on the right track. Logan might be facing some difficulties but its Jay's job at the same time to help him.

I would definitely try to help him as much as possible. Either get him therapy sessions or to just be there for him as a friend, loved-one or colleague.

I'd tell the truth. No matter a lie or a white one, the truth must come out. Performance wise Logan could be lacking, but since he's been having problems of his own, I would make sure that Logan gets back on the right track, inform him that I will be considered in his performance review and eventually get him a good one, only if he owns up mistakes in the past and gets back on the right path.

Link: <https://www.thegoodproject.org/dilemma-database-blog/2020/8/27/finding-boundaries>

The dilemma I chose from the website was about "Drama with Bullies" and here's the link.

<https://www.thegoodproject.org/dilemma-database-blog/2020/8/27/drama-with-bullies>

What would you have done if you were Nick in this situation?

If I were Nick in this situation, I would stand up and speak up to the bullies for my friend after the rehearsal because I don't want to interrupt it. I would also report it to a teacher at school and explain about what's going on. The teacher can help stop the bullying by dealing with the bullies directly and ask them to delete the videos.

Have you ever felt that what you loved to do wasn't "cool" or fully respected by others?

Yeah, sometimes.

How do you maintain engagement in your passions when others might not be supportive?

I usually ignore the people that might not be supportive and I don't listen to what they say. I will keep on doing what I like to do because it's my life after all.

Coronavirus

The very first Coronavirus case started from 2019 around December. The world total cases are 102,036,438. In 23 march 2020, It arrive to Myanmar. Case in Myanmar: Total cases (139,152), total death (3,103), total recover (123,556) active cases (12,493).

Pandemic of covid-19 are fever, dry cough, tiredness (most common). Another pandemic are aches and pain sore throat diarrhoea headache loss of taste or smell and a rash on skin, or discoloration of fingers or toes.

We should be careful of COVID-19 by protecting yourself. We need to wear mask if we go to the crowded places and shopping. If it is possible, we shouldn't go out if necessary. We should stay at home during those time don't give problem for the government and family. As soon as you get home spray your clothes with alcohol and wash your hand. If you buy the thing or snack be careful that you spray alcohol to the things you buy. So, take care of your health and your family health.

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The Good Project Dilemmas Mini Project

Hi! I'm Rose. Well, Do you want to know which dilemmas I'm going to talk about? And also do you want to know more about one of the dilemmas that I have chosen from "The Good Project"? Anyway, Let's began. One of my best dilemmas is called "Drama with Bullies" from the Good Project Dilemmas. To be honest, after I read this dilemma, the main character is Nick who is a high school senior who is deeply committed to acting. In his high school, he is just an average guy who is not too smart at all. He like to act so he quick the school and start doing some jobs. But during his junior year, he faced a bad situation related to his love of drama. He was cast in a leading role in a musical production of "Newsies" being put on at his school. He tried his best in acting and focus on learning his songs and dance routines. While they were practicing for their first big dance routine, a group of students who had frequently target and bullied the drama club participants entered when they are casting. Nick was extremely uncomfortable and worried that the videos would be spread over social media by the other students who bullied to him... Well, before I end one of my best dilemmas, I have some questions to answer that the "Good Project" has given. The questions are: **What would you have done if you were Nick in this situation? Have you ever felt that was you loved to do wasn't "cool" or fully respected by others? How do you maintain engagement in your passions when others might not be supportive?** So, let's get started. If I were Nick in this situation, I will probably try to solve this problem and by having *Confidence* when I'm acting. The person who like acting shouldn't have shyness too. Everything is ok for me if others might not be supportive to me. To be honest, everyone is not perfect, two most important things is to Believe in Yourself and Have Confidences at all...

Written by:

Rose

In the times of the pandemic, people can't go out, everything is closed, and the scientist are trying to create a vaccine. The name "Covid-19" is derived from Latin corona, meaning "crown" or "wreath" and "19" because the virus started from 2019. Covid-19 is like a virus like SARS. I'll give an example of how corona spreads; just think of the virus as a car which carries instructions on how to duplicate themselves. To start the process, they smuggle the instructions into a cell and paste their instructions there and now they have created duplicates of themselves. While they do so, our cells get damaged and that's why we get sick. But there are immune cells who can fight them back! If there is too much then, we will need antibodies which you can get from the person who have survived Covid or synthetic antibodies which are made in the labs. Scientist from all over the world are working together to find a vaccine which can wipe out the corona virus and they need to make it quick because a lot of people are dying. They made their first one in just took 65 days and the first person to try this was Jennifer Haller. It was very brave of her to do it for the people.

Speaking of people, some people are very stressed about Covid. This causes people to have panic attacks. Yes, Covid is very scary but we still need to focus on our stuff rather than focusing on the virus too much. I've seen people always looking at the news to look at the death rate and they start panicking. It's nothing wrong with watching the news but panicking cause stress and adrenaline rush which makes us lose energy, which makes us more vulnerable to the virus.

On seriously note, please don't stress too much about corona and even though, the vaccines are already in Myanmar, please stay home because it only protects us from 90% of the virus. Stay home and wash your hands!

'The Admissions' Dilemma'

Alex was recently accepted to a prestigious college and joined a private online group made up of other accepted students. In the group, students were exchanging inappropriate jokes. Some jokes were hateful towards certain groups of people. Alex was taken aback by what the other students were sharing, but also unsure of what college would be like and anxious to make new friends. After reading some of the other students' posts, Alex contributed a joke that mocked a minoritized group. A few weeks later, the college's admissions team learned about the online group and decided to take back admissions offers from students who contributed hateful content, including Alex. Alex was no longer welcome to attend the university.

<https://www.thegoodproject.org/dilemma-database-blog/2020/8/27/the-admissions-dilemma>

Do you agree with the college's decision to take back Alex's admissions offer? Why or why not?

I don't really agree with the college's decision to take back Alex's admissions offer because getting accepted by a prestigious college takes a lot of hard work and can have a tremendous impact on one's life, but I can't agree or disagree very strongly without getting to know more about the situation and some factors.

Pretend you are an administrator at the college who is deciding how to respond to this situation. What decision would you have made, and why? What factors would you take into account?

It is very likely that I would just give a warning and not actually take back Alex's admissions offer because college acceptance can have a really great impact on one's life. Whatever my decision is, it'll definitely have changes on his life, but I'll have to consider about some factors first in order to make a decision. Some things to find out about Alex would be: 'Has he done like this before?', 'If so, were they hurtful towards others?', 'Did he start the joke, did he share, or did he just like the post?', and 'Did he do it intentionally, or did he just do it to fit in the group?' It's important to know the truth about a person's actions to make a decision especially when one is in a dilemma. Although one's history may not define him, I might have to consider about many things as what he has done is not an excusable mistake.

Would your decision be different if the circumstances had been any of the following?

What if Alex had been the recipient of a generous financial aid package from the college that made it possible for him to attend, and he would not be able to go to college elsewhere if his admission had been revoked?

No, my decision would definitely still be the same. I wouldn't cancel his admission even if he contributed the joke in an unacceptable way. I'd just make sure that he learns his lesson well and not do it again by giving a serious warning.

What if Alex had just "liked" the post but didn't post it himself?

My decision would still be the same, although he shouldn't even have liked it. I still wouldn't cancel his admission.

Coronavirus Explained

In December 2019, a scary virus occurred in Wuhan in China. At first, a lot of countries don't care that much, but because the pandemic can make quick pass infection from one person to another, so the pandemic also occurs in other countries after some months. After I have watched the documentary about coronavirus explained in Netflix, I have some many reflections, feelings and I also know more about COVID-19.

This documentary is about how the leaders discuss at the beginning of the pandemic, and telling how the doctors, nurses, scientists and all the people who follow the rules are helping the world. I feel like the all the medical workers are so brave and they are saving us from the pandemic. In my heart, they are the super heroes and we also need to deeply grateful to them. They try their best to help the patients cure from the pandemic, and they are also investing the vaccine. So, we people also need to thank them a lot. We people are also helping the medical workers by washing our hands, staying at homes, and following to the rules. The presidents, leaders and governments from different countries are also helping each other in different ways. Although pandemic has disappeared in some countries, but a lot of countries are still facing it.

I really want to thanks to those heroes, who fight for us every day every night, and saving the patients as much as they can. I also wish the whole world can escape from the pandemic and that schools can open back, and works can start back and everyone can do the things that they want. The pandemic hasn't finish yet, so the main thing to do now is to listen the announcements from World Health Organization (WHO) and to follow the rules.

HURTFUL MEME

Madeline is a nurse working at a hospital where they also served her city's immigrants. Paul, her friend since medical school worked with her at the hospital. They connected on social media; Madeline happened to come by an anti-immigrant meme that Paul had liked. The meme talked about how immigrants were decrying resources like health care.

Madeline could've looked past this and thought of it as accident that Paul had made. Maybe he was just liking everything on his feed. Madeline wouldn't've came by the post if she hadn't view posts similar to the post, it could've been because it was healthcare. Madeline could report the post, the report feature is on every social media platform. She could end her friendship with Paul explaining she's uncomfortable or even confronting him about the post and why he liked it.

THE CREATIVE BRAIN The Creative Brain video I saw was very informational and interesting. I have to admit that, since I enjoy puzzles of all kinds, it awakened my creativity from the start. First, of course, was the triangle challenge with the coins. Many of the challenges intrigued me.

Space is the boundless three-dimensional extent in which objects and events have relative position and direction. Space is very dangerous and without protection, people would not be able to survive there. In space, there's no air so that you couldn't breathe. As well as the temperature in the space is also very cold. [REDACTED]

The first experience of staying in the space would be obvious, due to difference of gravity and it's isolated if we compare with the Earth. But after a while, our body would familiarize. It would be exhilarating for the first experience, but it would get monotonous as the longer time comes. As well as going to the space isn't an easy route. It is very dangerous and many capitals are required because only spacecraft are able to travel to the space. [REDACTED]

For conclusion, space travel isn't an easy job and no any ordinary are able to complete this job. So that only astronauts, who are trained for several years are only able to complete this job. [REDACTED]

If there was a train going and there was 1 fat guy in the railway lying and there are 5 workers after the fat guy. What would u do? save the fat guy or save the 5 workers?

For me I would save the 5 workers because 5 lives are more than 1 life. But the problem is if I warn the fat guy about the incoming train, he wouldn't die but the 5 workers would die. If I didn't warn the fat guy he would die and block the train and the 5 workers will be saved. So, I choose not to warn the fat guy because he would stay on the rail way track again if I didn't warn him the workers will be saved and they can repair the rail way and stuff.

Camera Shy (*Sensitive)

Have you ever had an experience that made you think differently about your view of yourself or others? How can you channel what you passion to help others?

Yes, I have a friend who is really self-conscious about herself. She always envies others girls who have pretty face and is popular. But she always thinks she looks unattractive and never make eye-contact to anyone because she was scared that people would describe about her looks and her body shape. She is always stress about how she look and never talk good things about herself. She thinks she is not good enough to do everything. But one day, she participated in the concert that she has never participate before. At first, she was nervous but then she realizes that everyone was nervous too but they tried to have self-confidence. After the performance she realizes that this is actually fun. From that day on, she tried to make friends who is very cheerful and active. Before she noticed, she was not looking down anymore and having a bunch of friends. She realizes that beauty and popularity is not everything in this world from her friends. You only need to know yourself, treasure yourself and be confident about what you do. When I hear about her story, I was really delighted because she overcome her fear that she is frightened for all her life. I also learn a beautiful and important lesson from her that I will never forget about. That is to love yourself and be satisfied with what you have.

Emma's dilemma on commitments

Emma is a senior in high school and is an aspiring scientist. She has a dilemma on commitments as a friend and as a scientist. Her commitment as a friend be a loyal friend; a very loyal one at that. She thinks being a good friend means not getting her friends into trouble, even if it meant preventing her friends from getting punished about something, they are guilty of. She did not want to rat on them. Her commitment as a scientist is quite the opposite of it as a friend. She thinks fellow scientists' mistakes should be reflected on, so that they can prevent such mistakes in the future. She has no intention of defending them and turning a blind eye like she did with her friends. The similarities between those commitments are that she wants to be the best in those certain fields and does what she thinks is the finest solution. The difference is her perspective on what the "best choice" is. She thought hiding her friends' wrongdoings is the right choice when it was not. She was supposed to tell the teachers about the incident so that her friends can reflect on their mistakes like her fellow colleagues did. Personally, I do not have two different areas with different commitments since I try to be just and would inform my friends' wrongdoings to my teachers. That way, they could seize information about what is right and what is wrong. I suggest Emma would have to think more about her choices and could ask help from people around her.

Dilemma: Finding boundaries

If I were Jay, I would politely tell Logan that this is too overwhelming and that he shouldn't use his home life for slacking off and leaving his job for me. I might consult one of my close friends or just directly confront Logan. [REDACTED]

If Logan told Jay he was seriously struggling with his mental health, he should tell him to consult a therapist or solve the problem with his family. I'm not trying to be cold hearted, I would support or help Logan if he's going to go to the therapist or resolve the problem with his family. Logan shouldn't take Jay for granted. [REDACTED]

If Jay knew that Logan was being considered for a promotion and he was asked to contribute to his performance review, Jay should tell Logan that he was asked to contribute. Only then, Logan might stop slacking off and do his job properly because he would want a nice performance review for his promotion. [REDACTED]

The creative brain

People all around the world need people who have great creativity such as famous people. There are famous people who are really smart such as Albert Einstein. People around the world need like these kinds of people or we would be having a different kind of lifestyle.

For example, some people invent social media. Apps like Instagram, Twitter, Facebook, etc.... are created and the invention of the smartphones and the invention of phones and computers and the invention of vehicles and many others which involve using our creative brain.

I think that humans need more people who have more ideas to create more new things. Until now, the technology is already well-advanced and it is pretty impressive.

So people can do things a lot easier in the near future. There are many rich people who have a creative brain. So we should have better ideas for the good side.

Coronavirus Explained

While China had been wrapped up with the Coronavirus since November last year, a lot of other parts of the world were affected starting early this year. With the virus taking on a large part of the planet, some panic was bound to be created. Some continue to educate themselves about the virus, others try to distance themselves so as to avoid any sort of misinformation at all. Personally, the best thing I liked about the first episode of the docuseries is that it provides very balanced information, without scaring the viewer.

I will definitely recommend that everyone watch this episode. It breaks down the cause, effect, and solution to COVID-19 in a very simple manner, and it is only 26 minutes and 12 seconds long. And the end of the episode is hopeful and beautiful, and will be that little ray of positivity you may be looking for that day!

Drama with Bullies

What would you have done if you were Nick in this situation? Have you ever felt that was you loved to do wasn't "cool" or fully respected by others? How do you maintain engagement in your passions when others might not be supportive?

If I was Nick in this situation I would try to ignore the people bulling me for the thing I like and find joy in joy doing. I would try to remind myself that not everyone understands and that others struggle too. I would stand up for myself if matters get more worst and seek for help. The help could be from anyone a trusted friend, teachers, professional support, parents etc. If someone were unsupportive of my passions and my interests I would try to open up about how to feel about them not being supportive instead of closing down. For me, I try to remember seven things. That my passion is my priority. This may be a little disheartening to have people around you discourage you, but remember, life is short. I don't want to spend my life feeling down over the words of others. People who don't support you and discourage you may not be bad people who intentionally want to destroy your dreams. Sometimes they just don't understand why you do what you do, so they voice out their concerns, which may make them seem dissenting. I try not to take it to heart when people discourage me. I see it as they need a little education and explanation. Or sometimes, I just ignore them

Sometimes when people don't support what you're doing, it may be more about them than you. It could be plain ignorance or even jealousy, but some people tend to attack things that are new to them. So again, don't take their words to heart. If their criticism isn't constructive in any way, they may be discouraging you because of their fears and insecurities. It's natural to want support and encouragement from the people around you, but it is possible to do what you want to do without it. Just think of how many successful, inspiring people took the road less travelled. You're a very powerful being, just by yourself. Believe in that, don't give up, and you'll go a long way, whichever road you take. If you try to please everyone, it's going to be next to impossible. So don't bother. Keep your focus on what you want to do and why. In an ideal world, we could constantly surround ourselves with positivity. We can't do that, but we can work on ourselves so that we stay committed and positive.

When we think about creativity, the arts often come to mind. Most people would agree that writers, painters, and actors are all creative. This is what psychologists who study the subject refer to as Big-creativity: publicly-recognizable, professional-level performance. But what about creativity on a smaller scale? This is what researchers refer to as little creativity, and it is something that we all possess and express in our daily lives, from inventing new recipes to performing a do it yourself project to thinking of clever jokes to entertain the kids.

Corona virus (Dilemma)

The countries with the highest number of confirmed cases are the US, India and Brazil and they are closely followed by a number of European countries.

Official figures may also not fully reflect the true scale of deaths in many countries. Data on excess deaths, a measure of how many more people are dying than would be expected based on the previous few years, may give a better indication of the actual numbers in many cases.

Who has vaccinated the most?

Several coronavirus vaccines have now been approved for use, either by individual countries or groups of countries, such as the European Union and the World Health Organization (WHO).

Of the 56 countries administering vaccines and publishing rollout data, 45 are high-income nations, 11 are middle-income and just one is low-income.

Some countries have secured more vaccine doses than their populations need, while other lower-income countries are relying on a global plan known as Covax, which is seeking to ensure everyone in the world has access to a vaccine.

WHO director-general Tedros Adhanom Ghebreyesus has said that the prospects for an equitable distribution of vaccines are at "serious risk". He added: "The world is on the brink of a catastrophic moral failure." Where are cases still rising?

As populations await vaccine roll-out, cases remain high across a number of regions of the world.

Europe

Many countries in Europe have seen coronavirus cases peak in recent weeks amid renewed surges of the virus.

The UK and Spain have seen the highest numbers, with Russia and France not far behind.

Lockdown restrictions were tightened in many of the worst-affected countries recently, leading to a drop in cases in some places.

North America

The US has recorded about 25 million cases and more than 420,000 deaths, the highest figures in the world.

Daily cases were at record levels in early January but they are now falling. More than 100,000 coronavirus patients are in hospital, but those numbers are dropping too.

Canada, which has a far lower death rate than the US, also experienced a winter surge but daily cases are also falling there now.

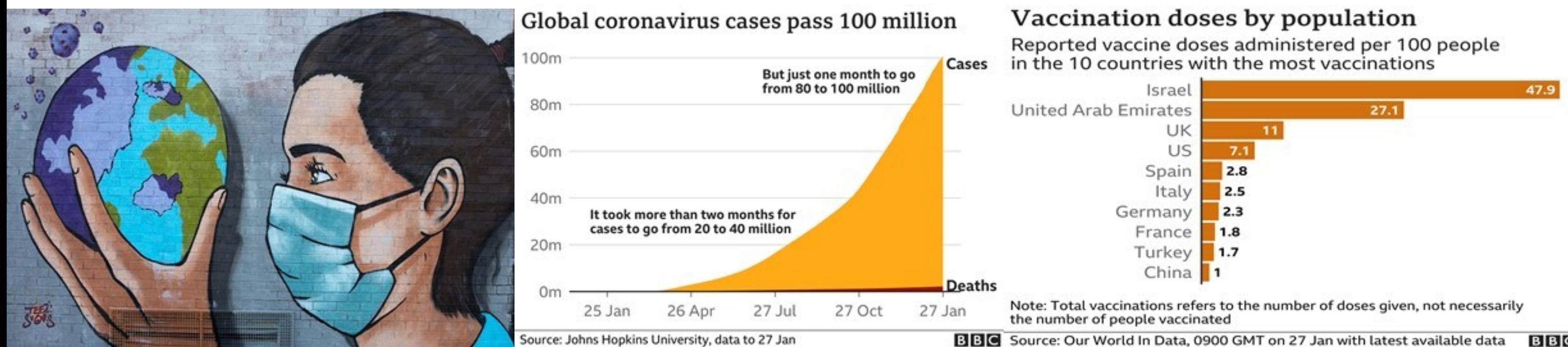
Asia

Asia was the centre of the initial outbreak that spread from China in early 2020, but the number of cases and deaths there has been lower than in Europe and North America.

The region saw a large rise in the number of cases last autumn, driven by a surge in infections in India, one of the most densely populated countries in the world.

India has seen more than 10 million confirmed cases, the second-highest in the world after the US, but the number of infections has fallen in recent months.

Other Asian countries, like Indonesia and Malaysia, are still trying to bring their current outbreaks under control.



Coronavirus Explained

Coronavirus has been impacting our lives negatively for more than a year now. So, I think it is time to go back to the past to see how it started. It will be interesting to look back on the past because there is always a reason when there is a cause.

The whole world is suffering right now, but back in December 2019, a small wet market in Wuhan caused the virus to spread rapidly only in the city of Wuhan, but no one expected it to become a global pandemic. The virus slowly spread until it reached every corner of the world. There have been various reasons that people came up with, but until now the exact reason for its cause is still unknown. There have been many reasons such as eating bats, 5G network, political issues, etc. All that matters is to cooperate and find a solution to this. Even now, some people still blame others for causing the virus to spread, but there is no point in deciding whose fault was it because we cannot change it.

Right now, we should focus on solving this by creating a valid vaccine and things would be back to normal after that. As this is an extremely dangerous virus, we should follow the rules made by the governments and other official organizations such as World Health Organization (WHO). That is the best we can do right now and if any of us have an opportunity to educate the younger generation, this would be the right moment to teach. We can make the impossible possible.

The Right to Say No

In the situation, Sophie, an eighteen-year-old girl is very passionate about her acting career. Well, she's not officially an actress yet. Sophie's parents are too busy to support her new career she's always dreamt of. Sophie realizes that her expenses are about to go up since she's graduating very soon. Therefore, she sent out her resumes so that she could find a paying acting job. Not long, she was asked to audition for a film. She was accepted and was given a role in the film. In one part of the film, Sophie was to do something sexual, which also made her uncomfortable. However, she did not deny and acted along. The film crew didn't question her limits and neither did Sophie. She's still very embarrassed and disgusted at herself for what she did. A "no" could have stopped everything from happening. But Sophie feared she'd lose her role in the film and that they wouldn't use her in more films. She overthought the consequences which might follow.

If you were Sophia's friend at the time, she was facing an uncomfortable situation with acting, how would you advise her?

It's a very good question. What would I do? If Sophie talked to me about her role, considering her age and the very first time in the film industry, I wouldn't really agree her to take the role in the film. I believe everyone has their own limits in everything. For example, working over your own limits can worsen your health. Eating over your limits, and you'll throw up everything. The same way, pushing yourself to the uncomfortable situations you don't want to be in, is not a good way to deal with things. I'll have to explain her the consequences and what effects it can do to her dignity if she doesn't deny the role. Remember, Sophie is only 18 and just been graduated. I don't think losing the role doesn't matter anymore, if you'd have to go through uncomfortable things just for money. She also should know that she has the rights to say NO. It's definitely not worth risking your future or not respecting boundaries. I'm going to persuade her until she completely understands what could happen to her. But if she's too willing to risk and take the role she's been given and play the part, it'll be up to her and I'll have to respect her decisions.

The Admissions Dilemma

I absolutely agree that Alex and the hate group should be punished for their speeches and actions. However, the college board shouldn't have to expel and retract their college offers.

The college board should at least educate them and aware them that what they were doing was wrong and cruel. I wouldn't go as far as to expel them and remove what the students would've been working towards their whole life. We should always give second chances and forgive ignorance.

If Alex had received a scholarship and didn't have anywhere else to go, I would've done the same as I said as earlier; giving them second chances. In the case of Alex having liked the post instead of creating it, it would mean the exact same thing as laughing alongside someone bullying someone. It still contributes to the hate.

Often in life we need to make decisions and choices that are life changing and determine our future course of life. The hard choices are the ones when they are between two seemingly equally good ones, or equally bad ones. The more preferable situation is when the choice is between two equally good ones, because whatever the decision, the future holds a promise to be better than the present. The decision making is hard because it has broader life implications and comes with the fear of losing out on the other good option. One of the most effective ways for an individual's perception (and hence decision making) to make a mark upon the behavior of an organization, is by using selective perception, whereby the person in question makes perceptive shortcuts, ignoring certain information which they believe is not relevant. This can be viewed as positive or negative. For example, an individual who believes that environmental concern is simply the result of overblown activism and lobbying of ecological organizations may be more incline to make decisions that do not consider environmental impacts. Selective perception in this case can be seen as wishful thinking, where someone only wants to see the positives and not the negatives, which can alter other peoples' perceptions through interaction.

Today I am going to write about reflection about "14 Minutes from Earth." "14 Minutes from Earth" is a detailed story about overcoming an incredible engineering challenge in the name of space exploration and the deep human desire to push boundaries. In this document, every harrowing moment of the Senior Vice-President of GOOGLE, Alan Eustace, and his unprecedented mission to promote science and space-exploration by strapping a giant balloon to his back that will inflate to the size of a football stadium. Also, this incredible documentary film tells the story of how teamwork and science triumphed in pursuit of a secret mission to space.

After watching the documentary 14 minutes in space, I feel like I wouldn't want to go to space because of all the problems I would have to face. For example, I wouldn't be able to feel comfortable without gravity and my body floating everywhere. In space I would face problems like getting dizzy and nauseous without gravity. The documentary made me question how people were able to be calm and very happy in space. I wouldn't be able to eat and drink properly. Sleeping would also be a major problem as there is no day and night. However, I think becoming an astronaut is quite fun but I only want to make it an impossible dream I don't want risk for. The space is full of things we haven't discovered yet it is already so interesting seeing the space and planets, stars and other weird but cool things there. If I was in space, I would also feel very anxious as the space is not only beautiful but extremely dangerous. Many problems could occur like bumping into rocks that can cause my life. I would love to go there one day when its normal that people go to space to visit. But right now, I just want to look at it from afar and from other documentaries.

The Good Project Dilemmas Mini-Project

I feel like Anna shouldn't have posted it even though what Claire doing was not right. If I was in that position I would not post it on social media and if I saw one of my students in the protest I wouldn't post it either because of privacy issues instead I would have talked to him or her in private.

Tough Love

How does pressure affect Mara's work? What does it mean to be excellent?

Mara's mother put Mara in an actual stress disaster. On Earth only one-third of students would try harder than other children. And yes, they will have tons of stress unlike the ordinary kids. Mara has a goal to win a gymnastics championship and she really wants to. Her mother, who supports her till the end, wants her to be the best daughter in her world and put pressure to get closer to the goal. She adds extra classes that aren't really necessary and makes her daughter feel tired. I can feel Mara's mother's feelings towards Mara but I don't think it's the right way to guide her. She could spend more time with her and encourage her to get better every time. Mara's most anxious moment is mainly with her coaches because they decide whether she does well in performances. She never smiled until her coaches gave her compliments and the only feedback that she cares about is what she receives from her coaches. In another way, because of those pressures Mara may motivate herself to practice more and more to get closer with her goal. Without the pressures she had received she would not have a strong mindset till the end but having too much pressure could face negatively with her feelings. So, don't stay in surroundings that give you tons of pressure. To be excellent is not to be perfect. You would face ups and downs to get better ranks so never give up on your goals. Excellence means greatness and it would be the best compliments around. But to be excellent you should attempt your aims. Your efforts will never betray you and one day everyone will know your efforts.

Finding Boundaries

What would you do in this situation if you were Jay? Who might you consult for advice?

I would explain my situation and my feelings to Logan and say that we all are in similar situations. I would tell my stories as he did and my vision, so that he would understand that I will need to spend my time on improving and developing myself rather than doing his work which is unnecessary. I would also tell him that it is an important responsibility to do his work himself. I would ask different people. I would ask my friend, my sister and my mom. They would give different kind of advices, which I will consider and act on after thinking.

Would your decision be different if the circumstances had been any of the following?

- What if Logan had told Jay he was seriously struggling with his mental health?

No, I think my decision would not be different. I will not do his work at the first place. But if I was Jay and he was using his home excuses, I would tell him I have the same problem. Everyone has problems. And tell him to take the responsibility of his own.

- What if Jay knew that Logan was being considered for a promotion and had been asked to contribute to his performance review?

I would write it without any false. I would tell that he had been giving his work to me, excusing because of his home matter. And also, about his mental health.

Have you ever faced a situation in which you had to set boundaries at work?

Not at work, but in school, some friends tried to sneak out on group projects and get their points. After two or three times, I called everyone from the group and told them what group work means and divided the jobs they need to accomplish and a decent advice that no one could put their name on if they were not working.

The title that I chose on writing is about the hurtful meme. A meme is something that manu people make as a joke to make other people laugh but what the people don't know that behind the joke that they make, there are people who were hurt because of it.

Making jokes about any sensitive topic such as racism is not something that you can make fun of. In this place, someone on internet make fun of the immigrants as a drain of resources and healthcare, and Paul, Madeline's close friend has liked it when Medeline herself was the daughter of the immigrants and there is a close relationship between herself and Paul. There are also many immigrant places that Paul is serving.

Mediline felt many feeling about a meme that might be a joke and other who saw her might think she was over reacting but what will you do if you were her? What will you feel about the simple joke? What will you feel people are making fun of those immigrant?

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